



# LE TEGNÚE BEACH RESTAURANT

## SEAFOOD MENU

### STARTERS

Prawn cocktail with rose sauce *	9	
Baked sardines and king prawn in onion sauce *	11	
Sautéed of clams and mussels	12	
Chop board with smoked salmon, swordfish and tuna	15	
Grilled octopus on a purple potatoes foam	15	
Raw shellfish *	22	
Various boiled shellfish *	22	
Raw fish tartare *	20	

### PASTA

Spaghetti with clams	13	
Tagliolini with pistachio pesto and tunafish	15	
Linguine with spider crab and cherry tomatoes	16	
Gnocchi with scallops and red chicory *	14	
Reef Spaghetti * mussels, clams, scallops, razor clams, venus mussels, shrimp, crab, king prawn	16	
Today's special	-	

### MAINS

Mix fried Adriatic fish *	15	
Mix fried squid rings *	15	
Baked sea bass fillet with roasted potatoes	14	
Tuna steak with pistachio sauce	20	
Mix of grilled seafood specialties *	18	
Cuttlefish stew with polenta	15	
Catch of the day *		

### SIDES


French fries *	4	
Roasted potatoes	5	
Salad	5	
Grilled veggies	6	











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## MEAT MENU

### STARTERS

Mix of fried stuffed olives, mozzarella sticks, nuggets, battered vegetables	10	 
Chopping board with cold cuts and pickles	12	







### PASTA

Spaghetti / Penne with tomatoes sauce	7	 
Spaghetti / Penne with bolognese ragu	8	 
Spaghetti carbonara	9	 
Penne alla genovese with basil pesto sauce, cherry tomatoes and piquant olives	9	 

### MAINS

Chicken cutlet and french fries *	9	 
Grilled chicken breast and french fries *	10	 
Würstel with french fries *	9	
Raw ham and melon	14	
Sliced beef with arugula and parmesan	16	

### SALAD

Pescatora lettuce, red salad, carrots, cherry tomatoes, cheese, shrimps, tuna	11	  
Adriatica lettuce, cherry tomatoes, cheese, arugola, tuna fish, olives, carrots	11	
Brasiliana lettuce, red salad, carrots, cherry tomatoes, cheese, shrimps, corn	11	 

### DESSERTS

Selection of homemade cakes. (Also for events and anniversaries)	from 4,5	     
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SERVICE with permission of Italian Law	2,5	
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\* in the absence of fresh products, we use frozen products according to the law  
In the case of "large portion" request, the amount will be increased by 30%



# LE TEGNÙE BEACH RESTAURANT

## ALLERGEN

### LEGENDA



FISH



LUPIN



MOLLUSCS



EGGS



DAIRY



SOYA



GLUTEN



SESAME



NUTS



CELERY



SHELLFISH



MUSTARD



PEANUTS



SULPHUR DIOXIDE AND SULPHITES

Good food is our favorite course,  
that's why **we select only the best  
products from the Adriatic Sea and from  
responsible suppliers** with production and  
storage chains, daily controlled.

## BON APPETIT!



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## POKÉ BOWL

**1 BASE + 3 PROTEIN + 5 GREEN + SAUCE**

### BASE x1

RICE  
BLACK VENUS RICE  
FRESH SALAD

### PROTEIN x3

FRESH TUNA  
FRESH SALMON  
MAZZANCOLLE  
OCTOPUS  
CHICKEN  
TOFU

### GREEN x5

MANGO  
AVOCADO  
FETA CHEESE  
PHILLY CREAM CHEESE  
SOYBEANS SPROUTS  
WAKAME SEAWEED  
PINEAPPLE  
RED ONION  
CERRY TOMATOES  
CARROT  
JALAPENOS  
CUCUMBER  
EDAMAME  
ZUCCHINI

### SAUCE

SOIA  
PONZU  
TERIYAKI  
OLIO EVO  
SALSA YOGURT  
SALSA MANGO  
WASABI  
SALSA AVOCADO  
SPICY MAYO

### TOPPING +€ 0,50 each

SESAME SEED  
CRISPY ONION  
PISTACHIO  
CHILI PEPPER  
ALMOND  
PEANUT  
NORI SEAWEED



**€ 15,00**